

How to Create a Movement



KEY ELEMENTS OF DISCIPLE-MAKING

LESSON 4: THE MODEL OF JESUS

Key Elements of Disciple-Making

How to Create a Movement

*Transforming from a Church into a
Disciple Movement one step at a time*



Following the Model of Jesus

*How to Create a Movement by
Changing the DNA of the Church*

Alone with God



The one



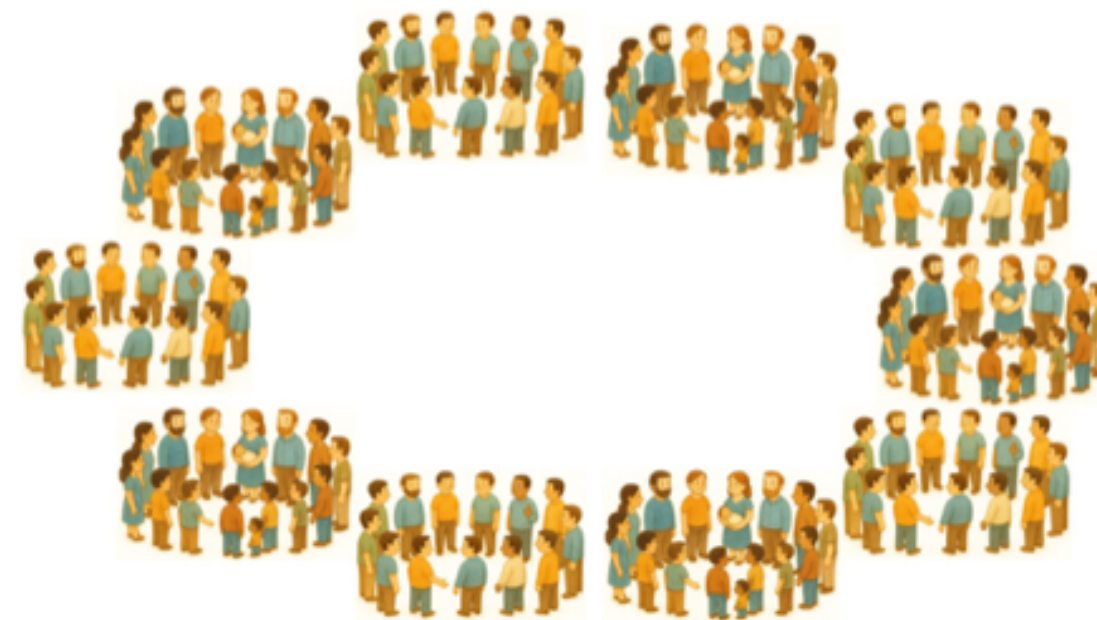
Three



Twelve



One hundred twenty



Multitude



How to Create a Movement:

Intro

Lesson 1: The Right Seed – It Begins Here

Lesson 2: The Right Ground – Producing Much Fruit

Lesson 3: Becoming Doers of the Word – Not Only Hearers

Lesson 4: Following the Model of Jesus – We Need It All

Lesson 5: The Spiritual Level – Becoming Mature and Multiplied

Lesson 6: The Five-Fold Ministry – Equipping the Saints

Lesson 7: Church Plus Vision – For Pastors with a Church Building

Lesson 8: A Call to Action – Let's Do It Together

Alone with God



The one



Three



Twelve



One hundred twenty



Multitude



A church becomes a disciple-making movement when its DNA changes. Here are the key elements we have been walking through:

- **Lesson 1:** The Seed
- **Lesson 2:** The Ground
- **Lesson 3:** The Seed Grows in the Ground as We Become Doers of the Word (Luke 10)
- **Lesson 4:** The Model of Jesus — giving us both a model and a framework for how this is lived out in discipleship, church life, outreach, and mission.

Alone with God



The one



Three



Twelve



One hundred twenty



Multitude



LESSON 4

1. The Model of Jesus: One at a Time
2. The Danger of Focusing on Just One (or Leaving One Out)
3. Putting the Model into Practice
4. Tools and Resources
5. Closing Challenge: Time to Live It Out

Alone with God



The one



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Multitude



1. The One – Seeking the Lost & finding the Person of Peace

Jesus, the Savior of the world, was the Master and Teacher of the twelve, the miracle worker who fed 5,000 men with five loaves and two fish—**and yet He never lost focus on the one.**



John 4:34-35

”My food,” said Jesus, “is to do the will of him who sent me and to finish his work.

Don't you have a saying, 'It's still four months until harvest'? I tell you, **open your eyes** and look at the fields! They are **ripe for harvest.**”



Parable of the Lost Sheep – Luke 15:1–7

“Suppose one of you has a hundred sheep and loses one... doesn’t he leave the ninety-nine... and go after the lost sheep until he finds it? ... I tell you... there will be more rejoicing in heaven over **one sinner** who repents than over ninety-nine righteous persons who do not need to repent.”



- If the angels rejoice over one sinner who repents, what about us?
- How often do we get too busy to stop for the one?
- **Not everyone will travel the world and preach to thousands, but everyone can reach one.**

The **one** is where multiplication happens: $1 \rightarrow 2 \rightarrow 4 \rightarrow 8 \rightarrow 16 \dots$

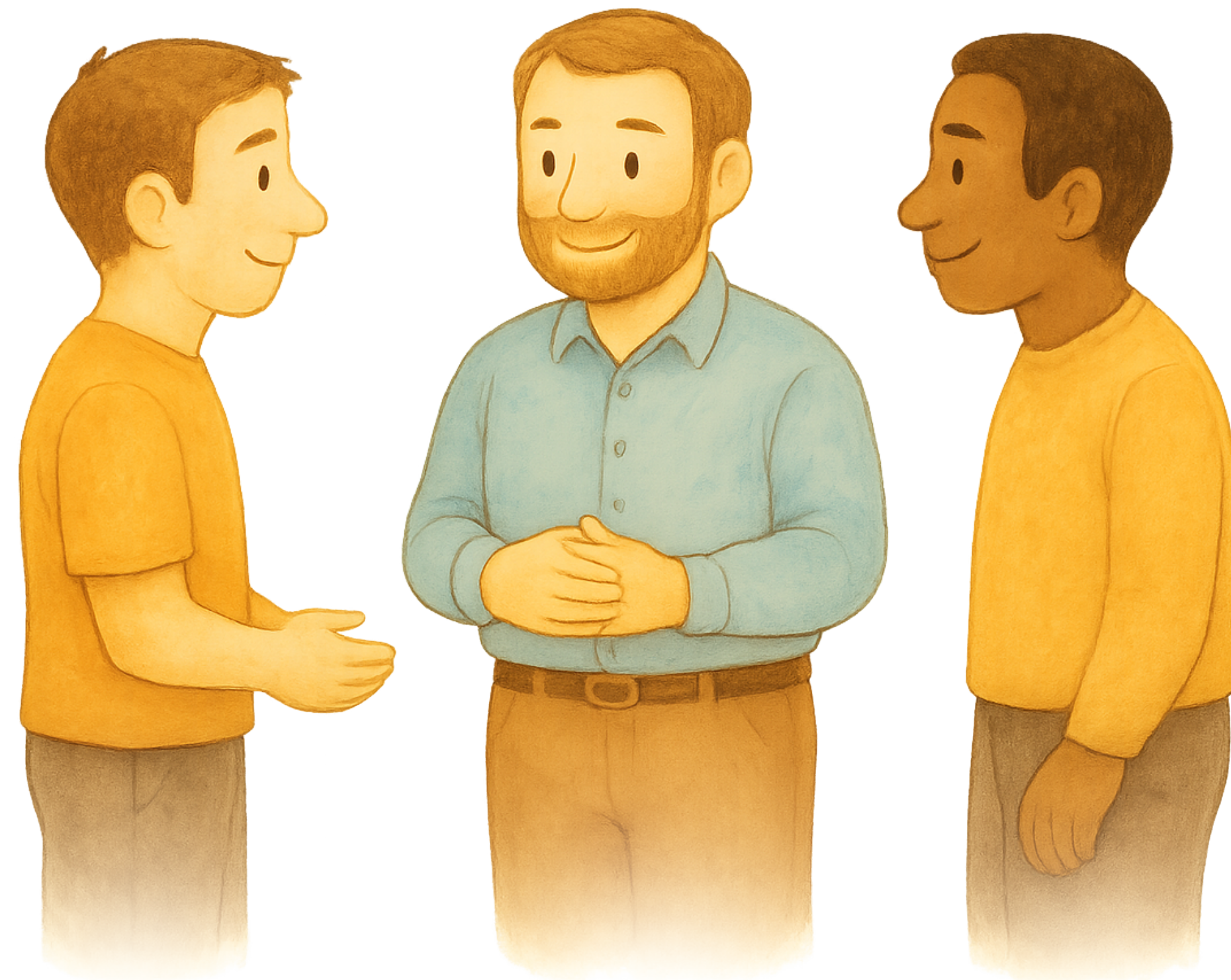
You don't have to save the whole world—that's Jesus' job.

Our role is to find the **person of peace** and the lost sheep.

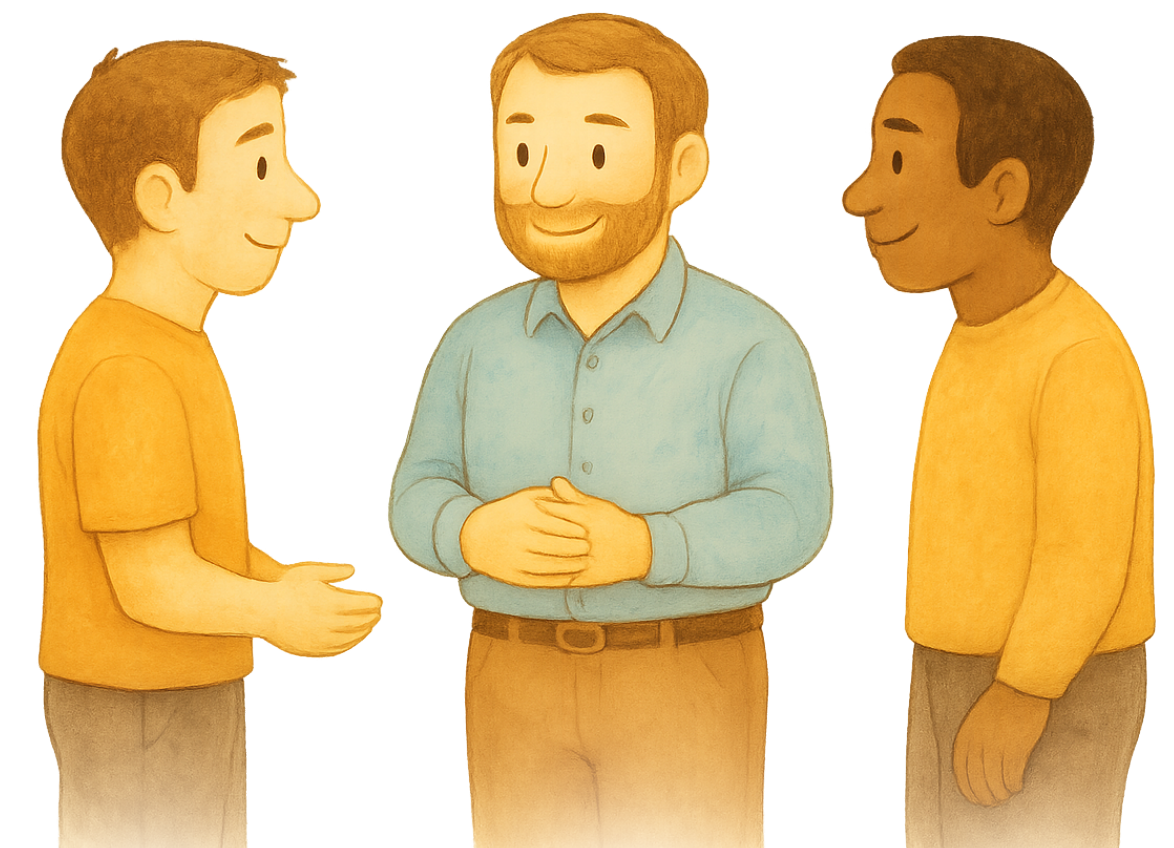


2. The Three – Jesus' Inner Circle

Jesus spent extra and unique time with **Peter, James, and John**, who later became pillars in the church.



“After six days, Jesus took **Peter, James, and John**... up a high mountain... As the men watched, Jesus’ appearance was transformed so that his face shone like the sun, and His clothes became as white as light.”



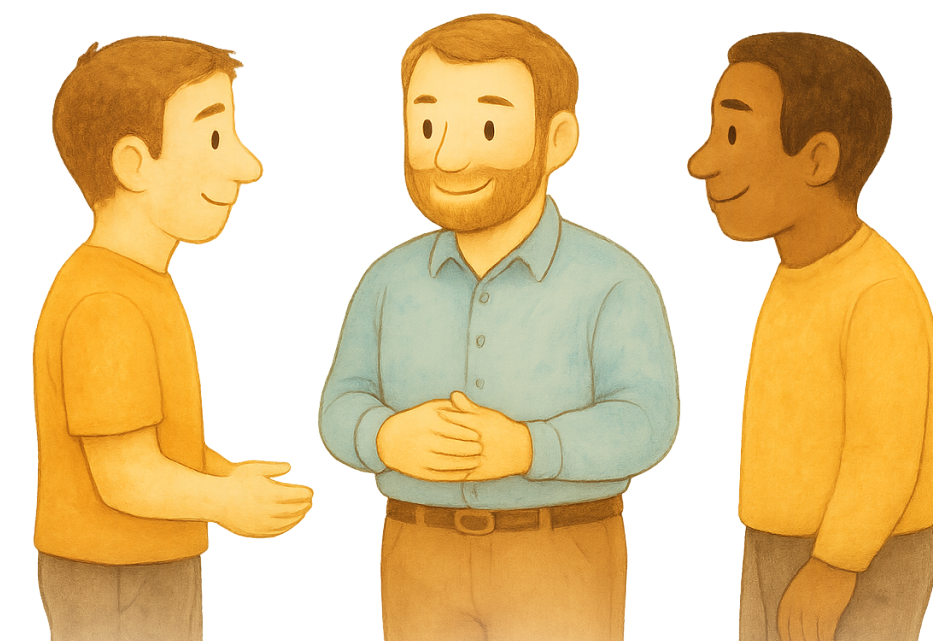
How Much Did the Apostles Write

From the three on the mountain:

- **Peter** → wrote **1 & 2 Peter** (and influenced the **Gospel of Mark**).
- **John** → wrote the **Gospel of John, 1-3 John, and Revelation**.
- **James** (son of Zebedee) → wrote nothing; he was the first of the apostles to be martyred. (Acts 12:1–2)

The Rest of the Twelve

Andrew, Philip, Bartholomew, Thomas, James, Thaddaeus, Simon the Zealot, Matthias (replacement for Judas) → wrote nothing
Matthew (Levi, the tax collector) → wrote the **Gospel of Matthew**

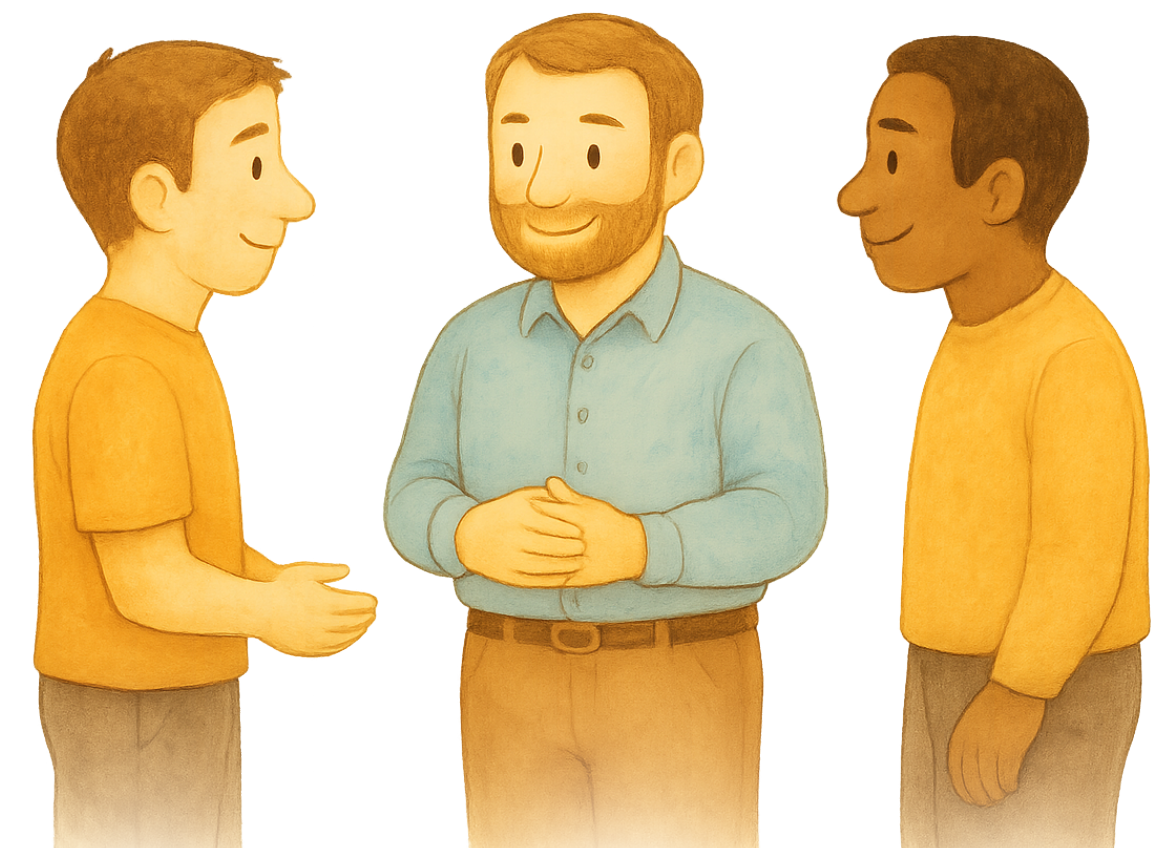


I often say:

I can be a leader to thousands, but only a father to a few.

It is here that we raise up the next generation of leaders—through very close and personal relationships.

Leaving the **three** out means leaving out the **next generation**, preventing them from taking this further and becoming everything God wants it to be.



3. The Twelve – The Small Fellowship of Disciples

Jesus always found time to focus on reaching the one, even while He mentored the three and invested in discipling the twelve.

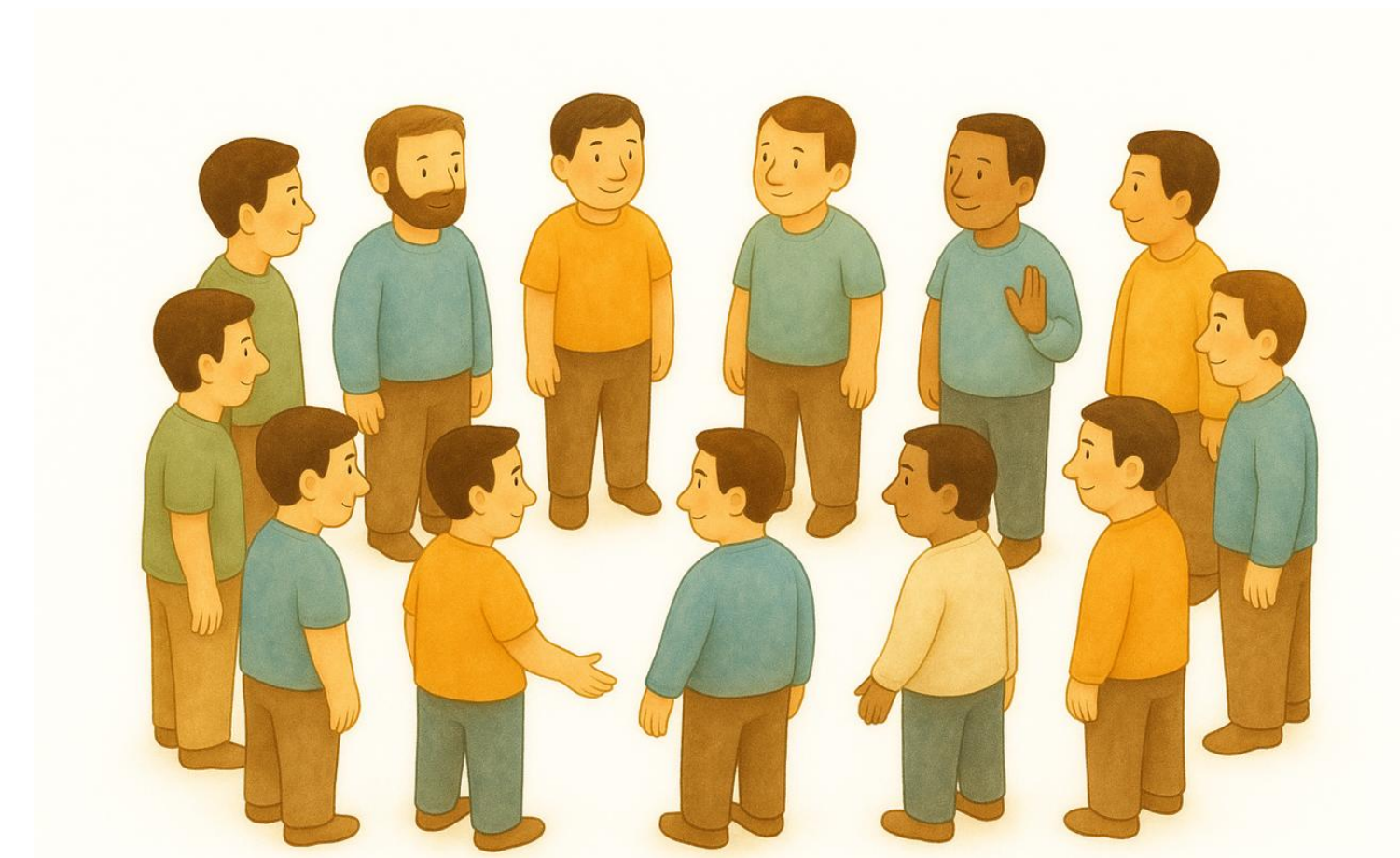


It was with the twelve that He:

- Broke bread and shared communion.
- Shared meals as a family.
- Explained what He taught the crowds in parables.

Mark 4:33–34

“With many similar parables Jesus spoke the word to them... but when he was alone with His own disciples, he explained everything.”



Leadership

&

Church Family



1 Cor 14:26

Brothers and sisters, what should we say then? When you come together, **every one of you brings something**. You bring a hymn or a teaching or a word from God. You bring a message in another language or explain what was said. All of those things must be done to make the church strong.



The focus on the twelve is key for discipleship and for creating a movement. If we lose that, it will never become what it could have been. We lose the family on a mission making disciples, as well as the multiplication and maturity of the church.





Apostle



Prophet



Evangelist



- + Repent
- + Baptism in Water
- + Baptism in the Holy Spirit

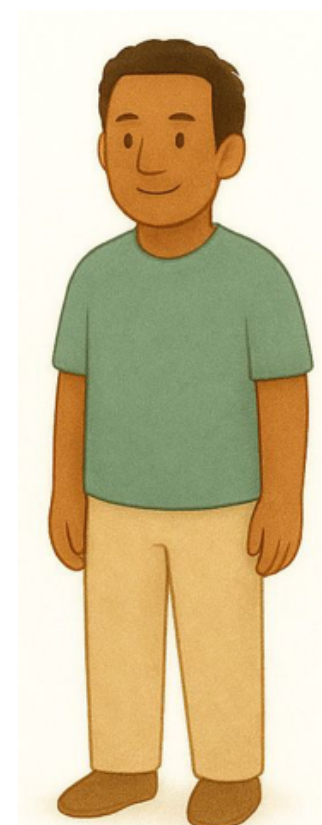
+ Kickstarted

+ Healed - Set Free

+ Family Groups



Teacher



Shepherd



- Parents

- Young Ones

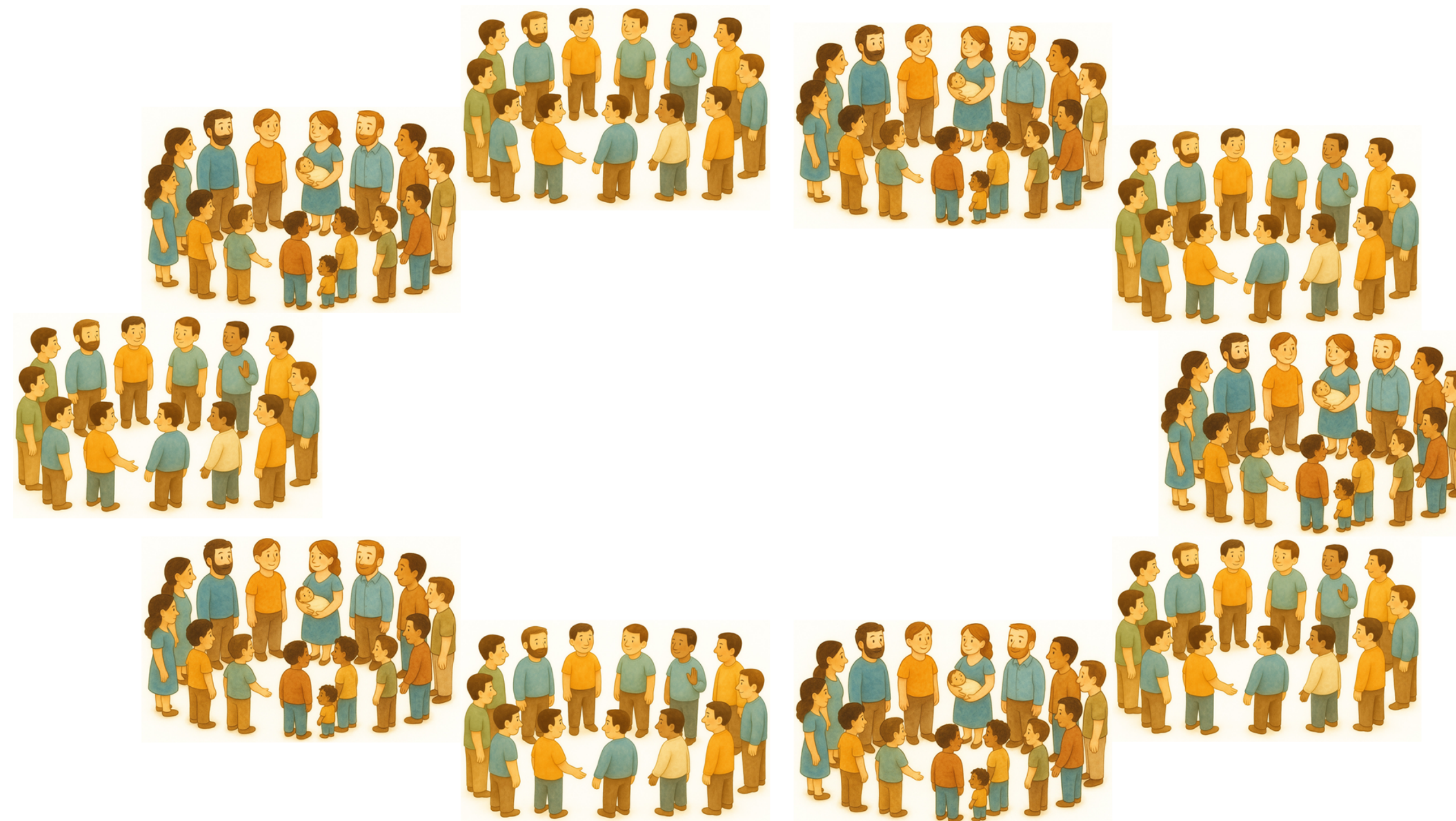
- Babies



4. The 120 – United Community

Acts 1:12–15

“...Peter stood up among the believers (a group numbering about a hundred and twenty)... They all joined together constantly in prayer...”



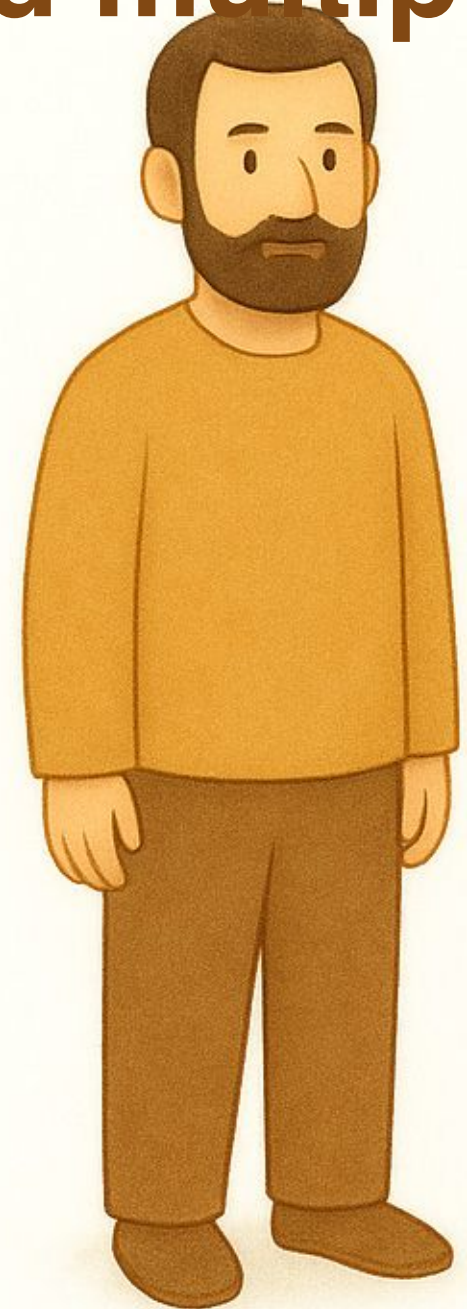
The Elements Needed to Become a Disciple Movement:

5. The Spiritual Level: We are born as babies but should not remain that way. With the right food at the right time, we can grow from spiritual infants to young ones, and eventually to mature parents, all in a very short time, raising up the next generation.

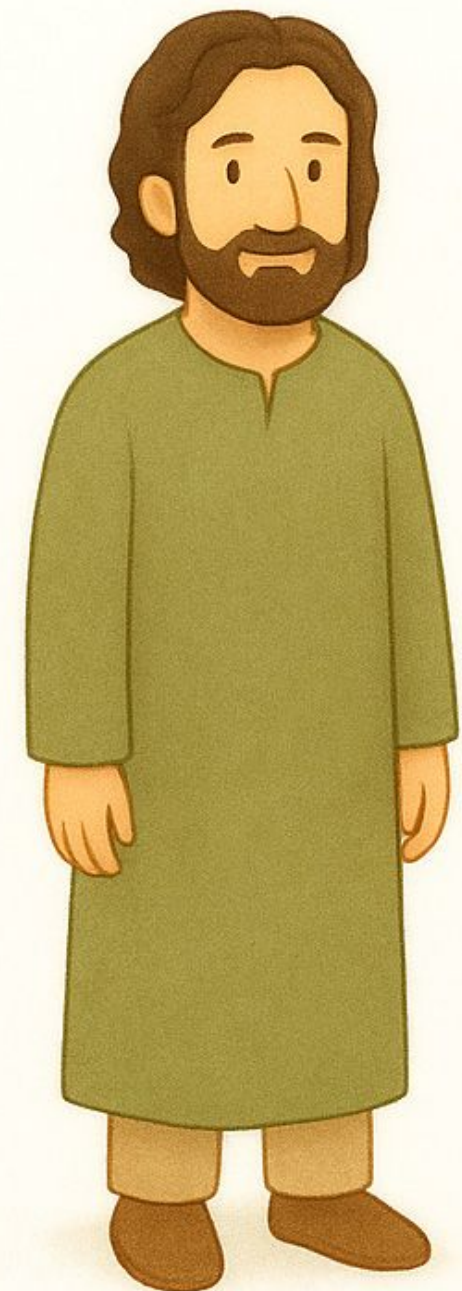


The Elements Needed to Become a Disciple Movement:

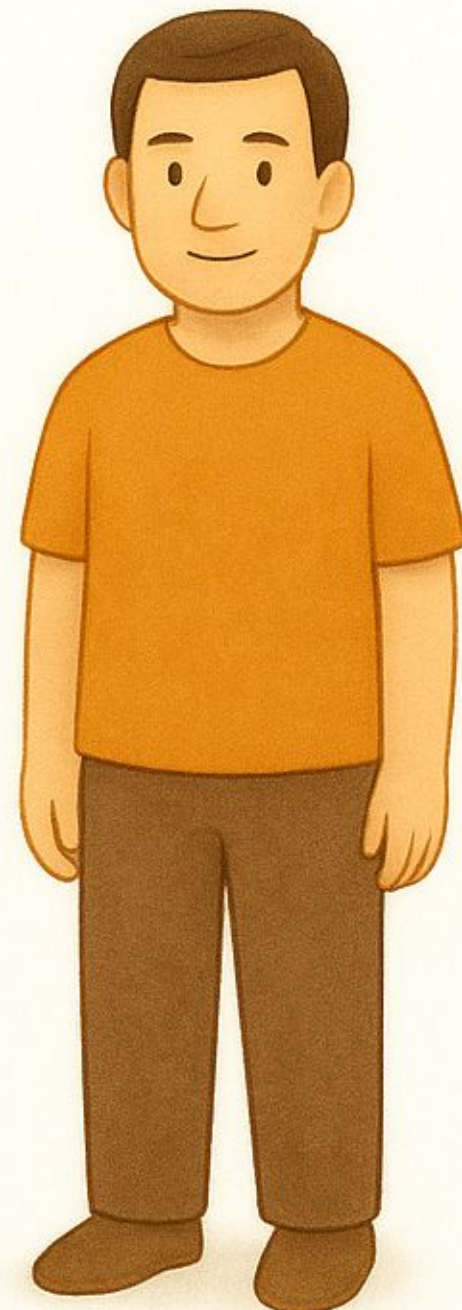
6. The Five-Fold Ministries' Equipping the Saints: By using the right gifts given by Christ in the proper way, we will build up the body so that everyone matures and each one steps into their service for our Lord, leading to maturity, fruitfulness, and multiplication.



Apostle



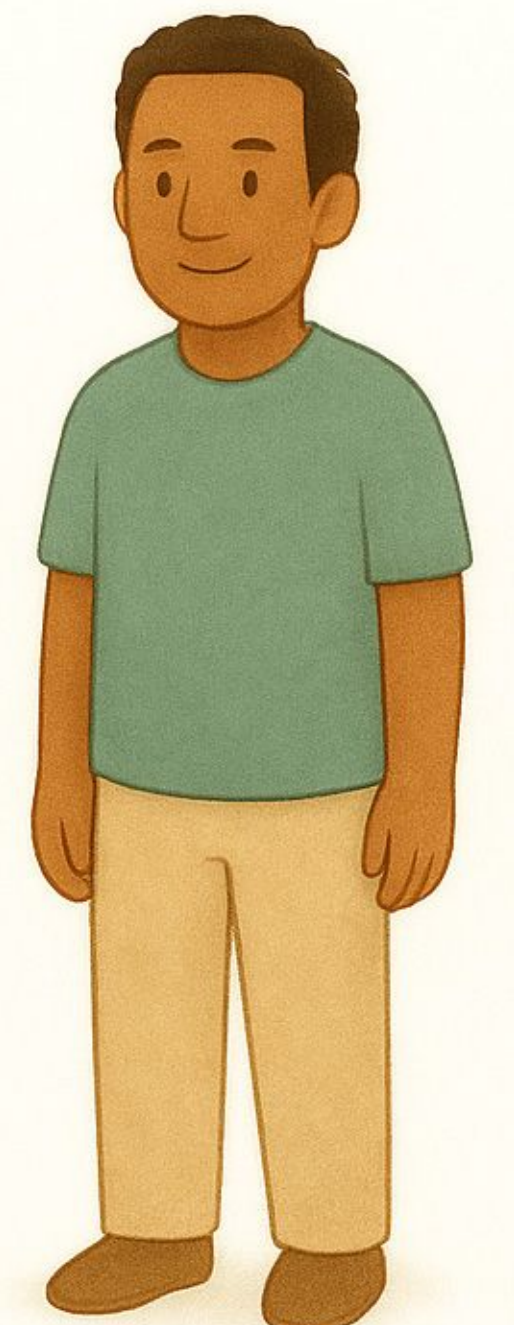
Prophet



Evangelist



Shepherd



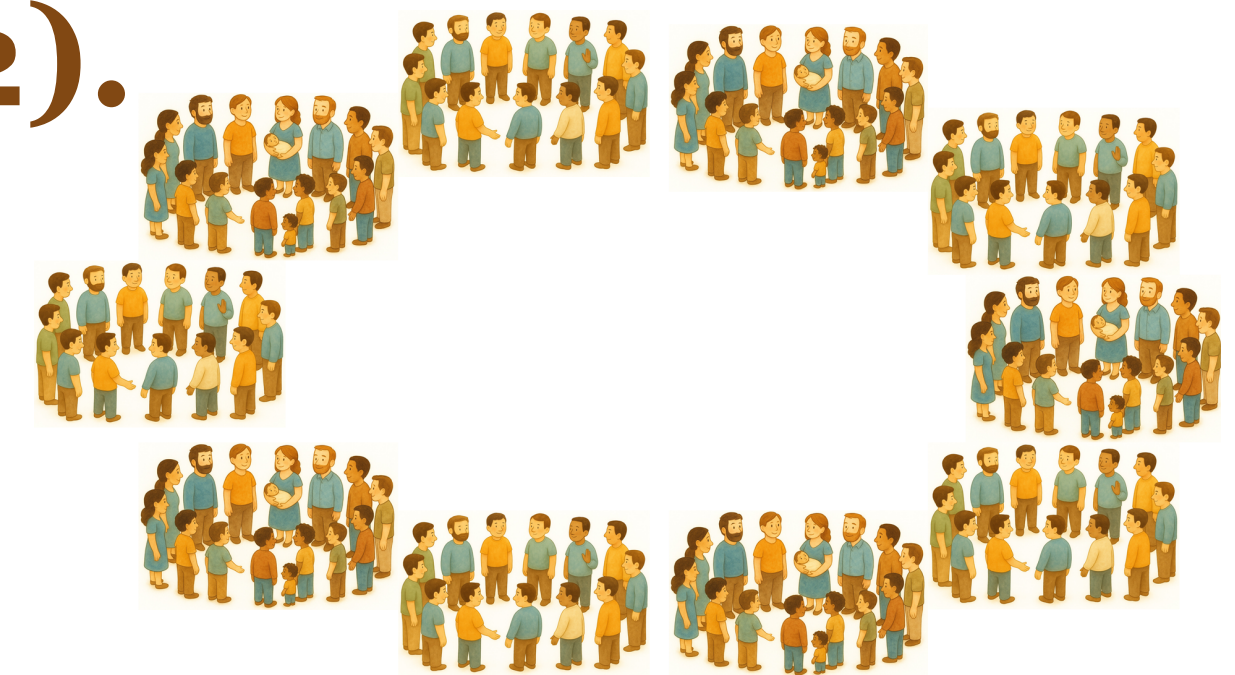
Teacher

The Power of the 120

The place where the five-fold ministry can truly flourish is within the 120. It is here that you find the fullness of the gifts at work together.

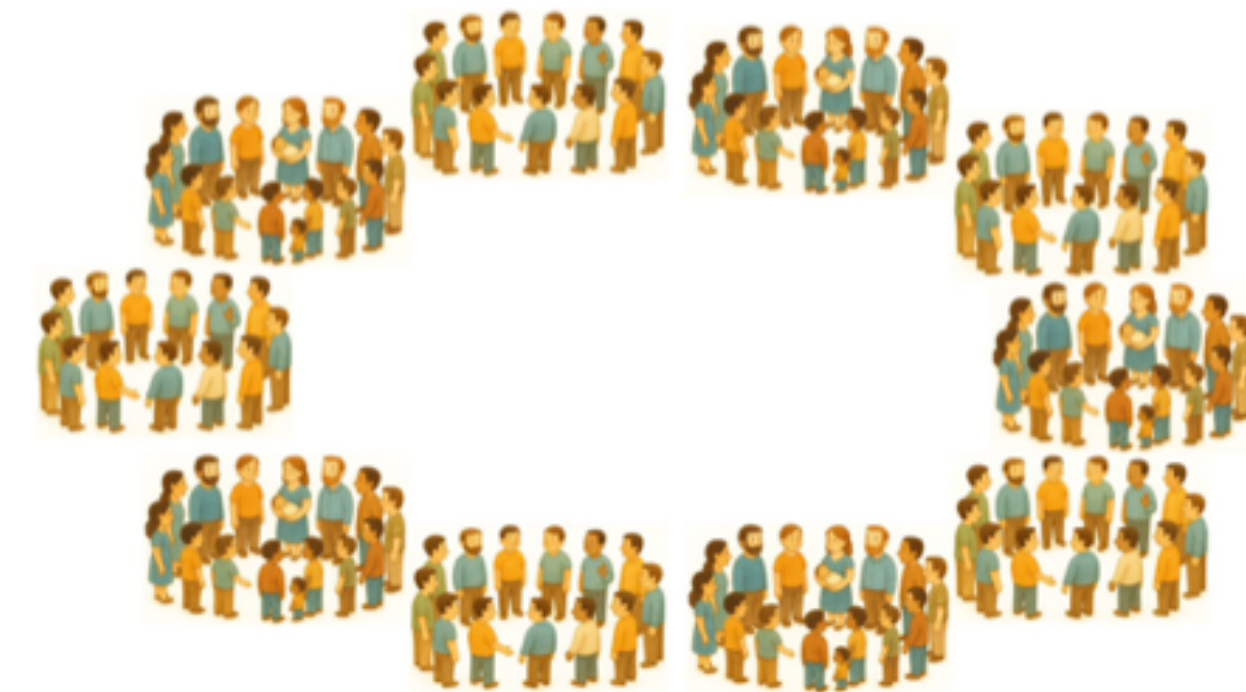
The focus on the 120 is key for discipleship, networking, and creating a movement. If we lose that focus, what God intended will never grow into what it could have been.

It was not when the twelve were alone that God poured out His Spirit, but when the 120 gathered together (Acts 2).



Following the Model of Jesus

*How to Create a Movement by
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5. The Multitude – Outreach to the Many

Jesus actively ministered to the masses, demonstrating God's compassion. He had a missionary mindset of reaching out.

Example: Feeding the Five Thousand (John 6:14) – which may have been 15,000–20,000 people including women and children.



Here, He performed some of His most **unusual miracles**.

The focus on MISSION is key for discipleship and to create a movement. If we lose that, it will never become what it could have been.

The Great Commission

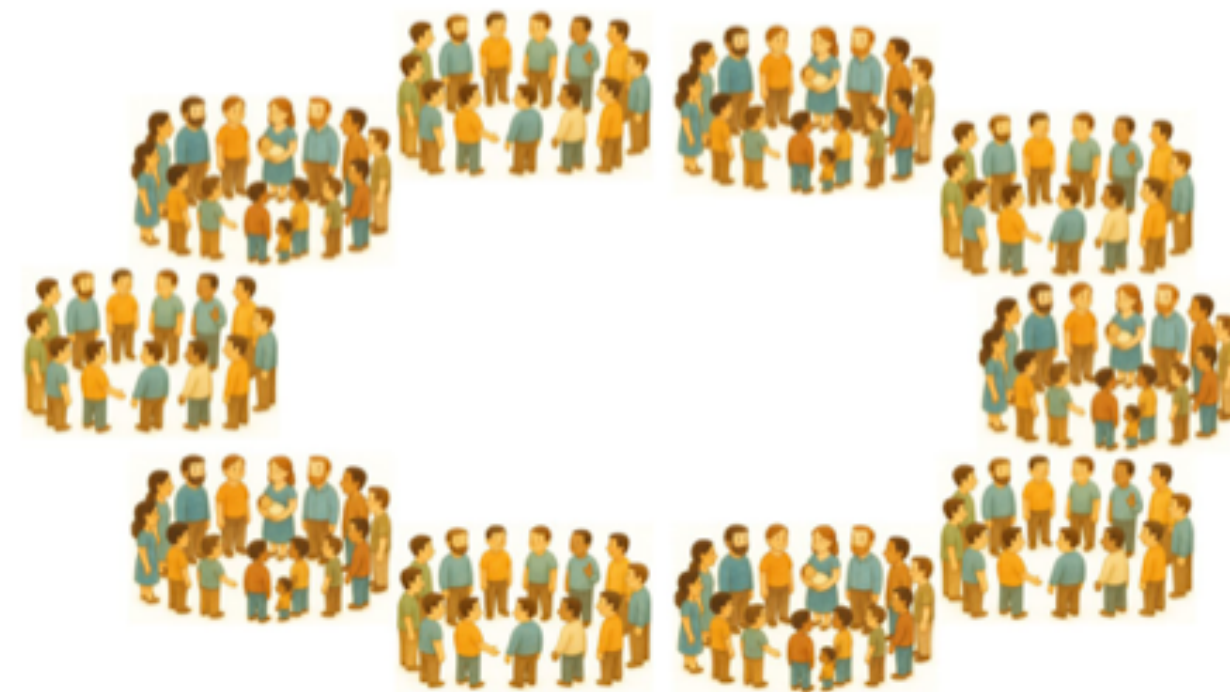
Then Jesus came to them and said, "All authority in heaven and on earth has been given to me. Therefore go and make disciples of **all nations**, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age."

Matt 28:18-20



Following the Model of Jesus

Jesus walked with the twelve while He was finding the one, mentoring the three, and doing mission to the multitudes. May we learn from Him.





6. Alone with God – The Foundation

It did not matter how many wanted Jesus to teach them or pray for them; he always found time to **be alone with his Father.**



Jesus Heals Many

Mark 1:29-34

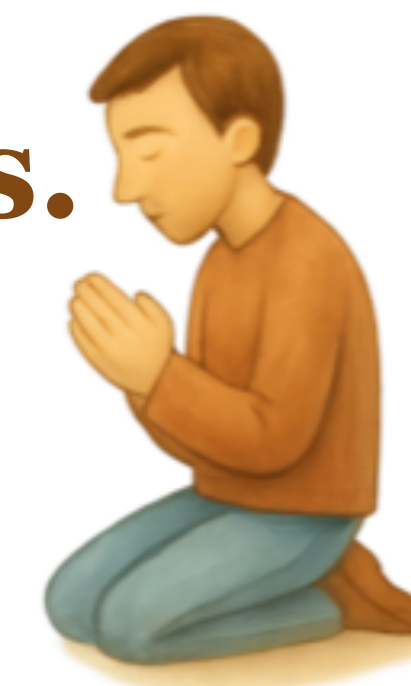
As soon as they left the synagogue, they went with James and John to the home of Simon and Andrew.

Simon's mother-in-law was in bed with a fever, and they immediately told Jesus about her.

So he went to her, took her hand and helped her up. The fever left her and she began to wait on them.

That evening after sunset the people brought to Jesus all the sick and demon-possessed.

The whole town gathered at the door, and Jesus healed many who had various diseases. He also drove out many demons, but he would not let the demons speak because they knew who he was.



Mark 1:35-39

Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed.

Simon and his companions went to look for him, and when they found him, they exclaimed: "**Everyone is looking for you!**"

Jesus replied, "**Let us go somewhere else—to the nearby villages—so I can preach there also. That is why I have come.**"

So he traveled throughout Galilee, preaching in their synagogues and driving out demons.



Mark 1:35 – “Very early in the morning... Jesus... went off to a solitary place, where He prayed.”

Luke 5:16 – “Jesus often withdrew to lonely places and prayed.”

John 15:4 – “Remain in me, as I also remain in you. **No branch can bear fruit by itself**; it must remain in the vine. Neither can you bear fruit unless you remain in me.”

Psalms 46:10 – “Be still, and know that I am God.”

Without time alone with the Father, ministry loses power and direction. Everything starts here—you and God.



The Model of Jesus

Alone with God



The one



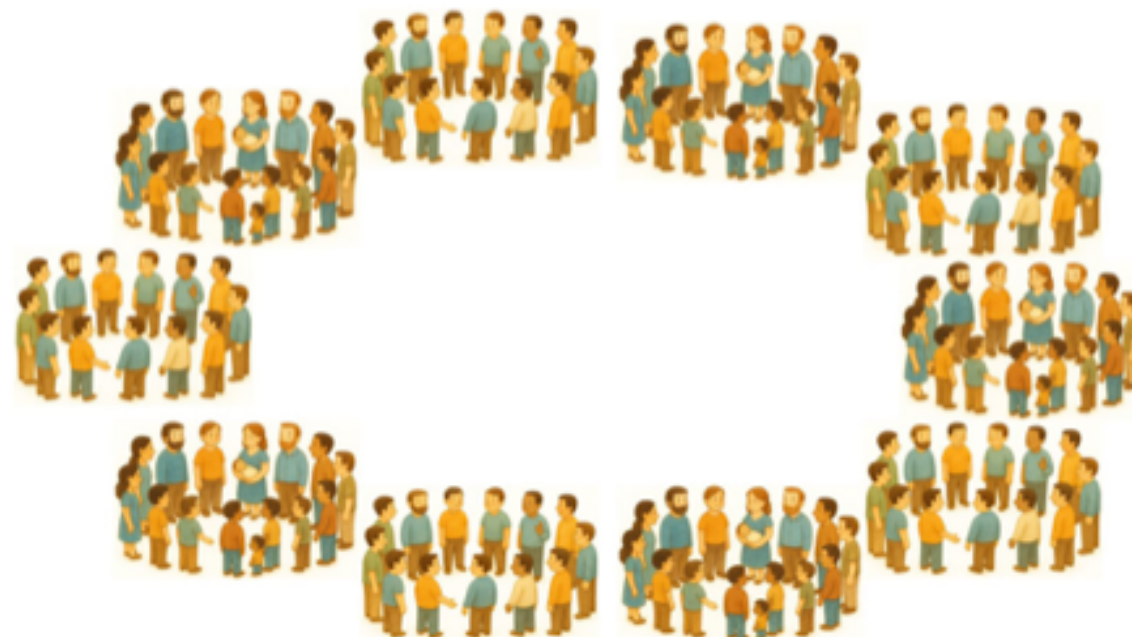
Three



Twelve



One hundred twenty



Multitude



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Alone with God



The one



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Multitude



What Happens If We Only Focus on One of These?

- **Only the Alone Time** (Just Me and God) → Leads to no discipleship, no body life, and over time no lasting fruit. It does not produce faithful servants who have done the will of the Father.
- **Only the One** (All About Reaching the Lost) → Focuses only on evangelism, producing spiritual “babies” who, over time, will not grow into mature and healthy disciples. No body life, no deeper discipleship.

Alone with God



The one



Three



Twelve



One hundred twenty



Multitude



What Happens If We Only Focus on One of These?

- **Only the Three** (All About Discipling Three Who Disciple Three, and So On) → Can become unhealthy, exclusive, and closed off. Discipleship turns inward, and over time becomes unfruitful.
- **Only the Twelve** (All About Our House Church) → Can easily drift into a “kumbaya” fellowship that is exclusive and inwardly focused. It will not mature or raise up healthy leaders.

Alone with God



The one



Three



Twelve



One hundred twenty

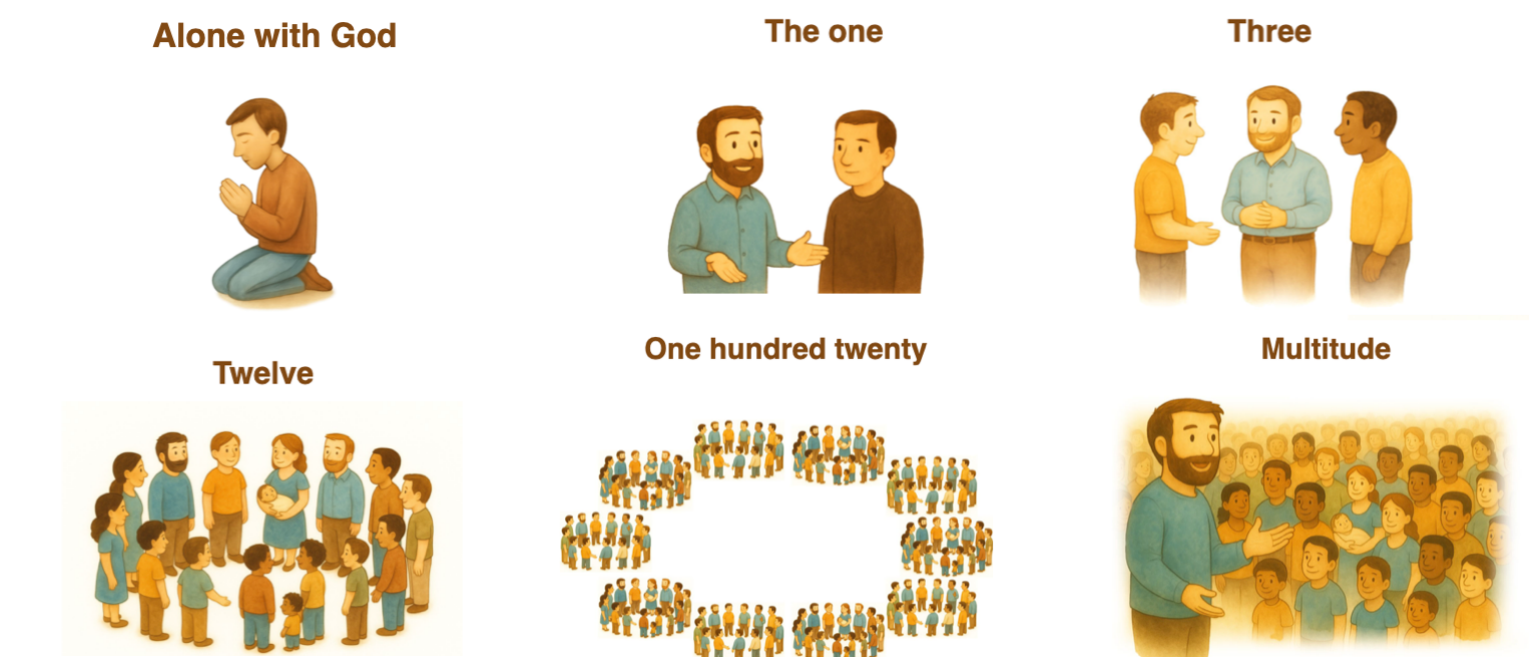


Multitude



What Happens If We Only Focus on One of These?

- **Only the 120** (Normal Church Gathering) → Becomes like much of what we experience as traditional church life: more like a conference or meeting, with little deep relationship and no multiplication.
- **Only the Multitude** (Our Missionaries Out There) → Creates many passive Christians who think their fruit is the money they give to missions. This produces no strong disciples and no true movement.



The Christian life was never meant to be lived in just one of these. It takes them all, working together, to see true fruit, mature disciples, and real multiplication.

Alone with God



The one



Three



Twelve



One hundred twenty



Multitude



What Happens If We Leave One Out

- **Not the Alone Time** → Over time, it becomes works instead of life. You will experience less power, less guidance from the Holy Spirit, and eventually things will dry out, leading to spiritual death.
- **Not the One** → It becomes only a few (the pastor and some close around him) who are bearing fruit and growing. You will see fewer salvations, no movement, and over time people will leave their first love.

Alone with God



The one



Three



Twelve



One hundred twenty



Multitude



What Happens If We Leave One Out

- **Not the Three** → You may grow, but you will lack good leaders and spiritual parents. This leaves everything weak, and over time sin, division, and false doctrine will creep in, destroying the work.

- **Not the Twelve** → There will be a lack of family feeling. Because people don't get the opportunity to give and share, they will lose their hunger for God's Word, stop growing, and more easily fall away.

Alone with God



The one



Three



Twelve



One hundred twenty



Multitude



What Happens If We Leave One Out

- **Not the 120** (Only a house fellowship without the others) → The family becomes isolated and can easily become unhealthy. Without the five-fold ministries, growth becomes uneven, and the body will not mature into what it could have been.

- **Not the Multitude** → There will be no mission. If we do not obey Christ's call to send people out to the ends of the earth, those outside will continue to suffer, and those inside will turn inward, focusing on earthly things. Over time, this will cause the fellowship to lose its focus completely, and many within will get hurt.

Alone with God



The one



Three



Twelve



One hundred twenty

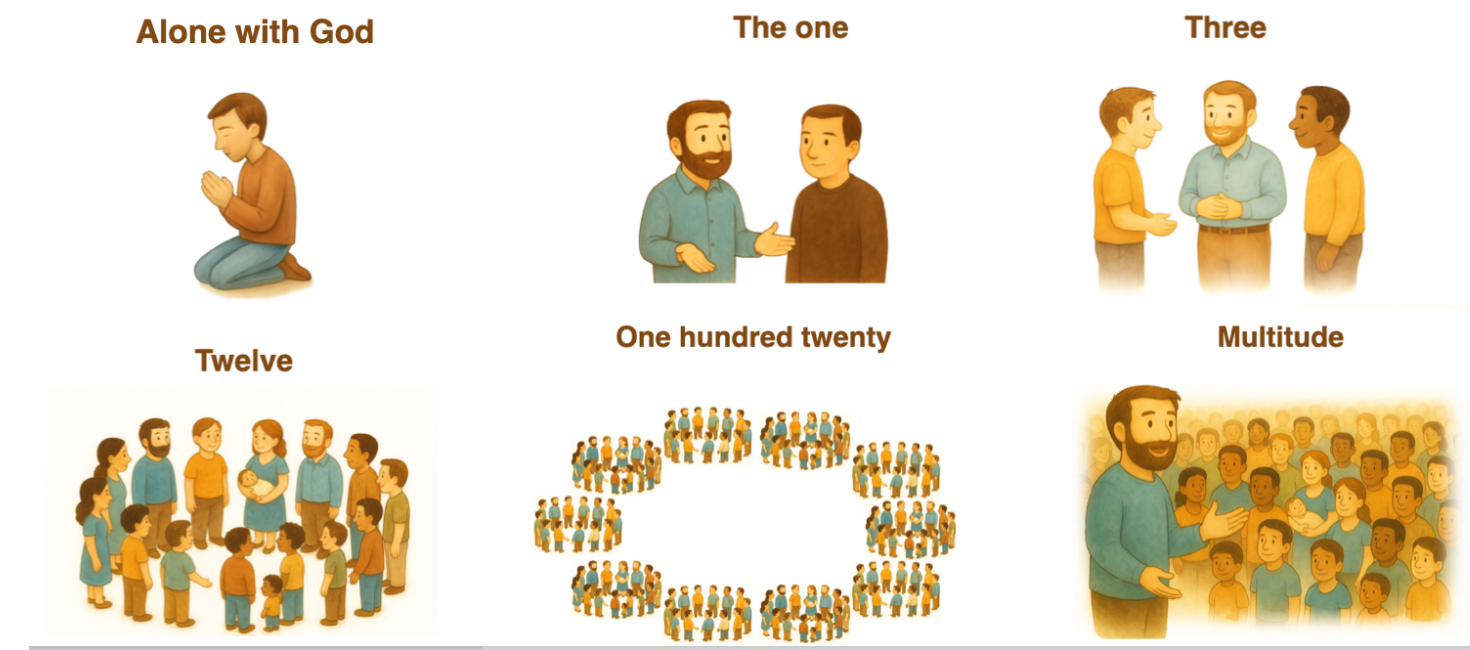


Multitude



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How to Implement This Model

- 1. Evaluate:** Examine your life and your church. Identify which of these areas may be missing or where you are currently weak.
- 2. Strengthen and Start:** Work on strengthening the weaker areas, or find the right people to help you start where something is missing. Remember—you are not called to do it all alone.
- 3. Disciple:** Train people in the different areas and raise up disciples and leaders who can help guide and grow the work until all areas are strong.

Alone with God



The one



Three



Twelve



One hundred twenty



Multitude



Practical Examples

- **Luke 10 Trips – Go and find the person of peace (new disciples, new life for the church).**
- **Yearly Mission Trip – Even just to another state (unites people and transforms them).**
- **Sunday Street Outreach – Two hours to seek and save the lost.**
- **Communion in Homes – Shared as part of a meal (a love feast).**
- **House Church Networks – Connect small house churches so they can come together and help each other live out the full model of Jesus.**

TheLastReformation.com/together